

21ST
CENTURY®



St. John's Wort Extract (*Hypericum perforatum*) is a perennial plant found in North America containing hypericin and used for many years as a calming herb to support mood and mental outlook.*

Directions: As a herbal supplement, adults take one (1) capsule with any meal, twice daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children.
Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast,
Preservatives or Artificial Flavors.

100% Vegetarian.

STANDARDIZED
**St. John's
Wort
EXTRACT**



Mood & Mental
Outlook Support*

ACTUAL SIZE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

HERBAL SUPPLEMENT

200 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
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St. John's Wort Extract (leaf & flower) standardized concentrate of <i>Hypericum perforatum</i>	300 mg **
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** Daily Value not established.

Other Ingredients: Cellulose, Rice Bran, Oat Fiber, Maltodextrin. **Contains <2% of:** Magnesium Silicate, Magnesium Stearate, Silicon Dioxide.

Proudly Manufactured by
21ST Century HealthCare, Inc.
2119 S. Wilson St., Tempe, AZ 85282 USA
21stcenturyvitamins.com
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