

BANYAN
BOTANICALS

Shardunika POWDER

(*Gymnema sylvestre*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
½ lb • 227g



Shardunika powder

Maintains healthy blood glucose levels already within the normal range*

Promotes healthy production of insulin and the body's natural metabolic process*

Supports normal glucose tolerance*

Regulates appetite and cravings for sweet food*

Shardunika (*Gymnema sylvestre*) is renowned for its use in promoting healthy blood glucose levels and supporting the proper function of the pancreas. A little shardunika on the tongue has the power to dull the taste buds to the sense of sweet, thus it is known as the "killer of sweet." It promotes the healthy production of insulin and supports the body's natural metabolic process. Shardunika also promotes healthy management of appetite and sugar cravings.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serv Size: ½ tsp Servings: 189

Amount Per Serving

Gymnema leaf ½ tsp**
(Shardunika), *Gymnema sylvestre*+

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by New Mexico
Department of Agriculture



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