

Doctor's Best High Absorption Iron with Ferrochel[®] contains chelated iron to help increase bioavailability. Chelation helps iron to be optimally absorbed by our body, and is well-tolerated by the digestive system.*

Iron is an essential mineral that helps in the production of normal red blood cells. It is an important component of hemoglobin which carries oxygen throughout the body.*

Iron plays an important role in the metabolism of folic acid, which is important for fetal nervous system development.* Anemia in pregnant women has been linked to low birth weight and premature birth.* The most common cause of anemia is iron deficiency.*

Ferrochel[®] Iron is chelated with bisglycinate amino acids, providing high absorption and increased tolerability*

Helps support the body's adequate iron supply*

Helps support immune health*

Helps support cell production*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ferrochel[®] is a registered trademark of Albion Laboratories, Inc.



YDRB459-1

**Dietary
Supplement**



**Doctor's
BEST[®]**

**Science-Based
Nutrition[™]**

**High
Absorption
Iron^{100%}
Chelated
with
FERROCHEL[®]**

GENTLE ON THE STOMACH*

27 mg • 120 Tablets



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 120

	Amount Per Serving	% DV**	% DV**
		Adults	Pregnant and Lactating Women
Iron	27 mg	150%	100%
(from Ferrochel [®] , ferrous bisglycinate chelate)			

**% DV = % Daily Value

Other Ingredients: Microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide, coating (hypromellose, hydroxypropyl cellulose, glycerin).

Suggested Adult Use: Take 1 tablet daily with food, or as recommended by a nutritionally-informed physician.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
California, 92612 USA

(800) 777-2474 www.drbitamins.com