

Doctor's Best Collagen Types 1 and 3 contain pure collagen protein Peptan®, which contribute to the growth and maintenance of healthy tissues.* Collagen is the structural protein essential for the strength of bones and flexibility, joints, tendons, ligaments, hair, skin, nails, and other tissues throughout the body.*

Vitamin C is added to the formula as an important nutrient required for collagen synthesis by the body.*

Helps support healthy hair, skin, nails*

Helps support the strength of bones and flexibility, joints, tendons, and ligaments*

Provides improved bioavailability due to the low molecular weight of component peptides*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Peptan® is a registered trademark of Rousselot.



YDRB263-3



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Collagen
Types 1 and 3**

with Peptan®

**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS, LIGAMENTS, AND BONES***

500 mg • 240 Capsules

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	7	
Protein (as hydrolyzed collagen Types 1 and 3)	2 g	4%**
Vitamin C (as calcium ascorbate)	30 mg	35%
Hydrolyzed Collagen Types 1 and 3 (Bovine)	2 g (2000 mg) †	

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin (capsule), micro-crystalline cellulose.

Suggested Adult Use: Take 4 capsules twice daily on an empty stomach at least 30 minutes before meals, or as recommended by a nutritionally-informed physician. To ensure optimal collagen absorption, avoid taking additional protein supplements within one hour of consumption.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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