

## Natrol® Melatonin 5mg Fast Dissolve:

- Helps establish normal sleep patterns†
- Fast Dissolve form—take anytime, anywhere; no water needed
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

**WARNING:** If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional before using if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7144.947 F: 3002888 L: 2009357-18094



# NATROL®

# Melatonin

**FAST DISSOLVE**

**SLEEP**

Fall Asleep Faster,  
Stay Asleep Longer†

100% Drug-Free

**5mg**

**EXTRA STRENGTH**

**VEGETARIAN**

**VALUE SIZE**

**150 TABLETS**

DIETARY SUPPLEMENT

**Directions:** Take 1 tablet 20 minutes before bedtime. No water necessary.

## Supplement Facts

**Serving Size:** 1 Tablet  
**Servings Per Container:** 150

Amount Per Serving	%DV
Melatonin	5 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Soy Polysaccharides, Maltodextrin, Dextrose, Crospovidone, Modified Food Starch, Silicon Dioxide, Malic Acid, Natural Flavor, Stearic Acid, Beet Root Extract, Magnesium Stearate, Citric Acid.

**Contains:** Wheat and Soy

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

**STORE IN A COOL, DRY PLACE.**  
**KEEP OUT OF REACH OF CHILDREN.**

Manufactured by NATROL LLC  
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LOT/EXP: