

**Doctor's Best Natural Vitamin K2 MK-7 with MenaQ7®** provides the natural form of vitamin K for optimum bioavailability and delivery to the body.\* Vitamin K isn't one vitamin, it's a family of fat-soluble vitamins with similar chemical structures but different metabolic properties.\* K2 belongs to a group of vitamin K compounds called menaquinones, which show greater bioactivity when compared to K1, the ordinary supplemental form.\* K2 is absorbed more completely, remains in the body longer and delivers more benefits for bones, blood vessels and other soft tissues.\*

**Helps support bone health and soft tissue elasticity\***

**Highly effective delivery of vitamin K to bone and soft tissue\***

**Helps support calcium metabolism for maintenance of healthy bone\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB198-6



**Dietary  
Supplement**

**Doctor's  
BEST®**

**Science-Based  
Nutrition™**

**Natural  
Vitamin K<sub>2</sub>  
MK-7 with  
MenaQ7®**  
Vitamin K<sub>2</sub> as MK-7

**THE BIOAVAILABLE FORM OF VITAMIN K FOR  
HEALTHY BONES AND SOFT TISSUE\***



**45 mcg • 60 Veggie Caps**

## Supplement Facts

Serving Size 1 Veggie Capsule  
Servings Per Container 60

	Amount Per Serving	%Daily Value
Vitamin K <sub>2</sub> (from MenaQ7® Menaquinone, MK-7)	45 mcg	40%

**Other Ingredients:** Microcrystalline cellulose, modified cellulose (vegetarian capsule), glycerol monostearate, magnesium stearate (vegetable source), ascorbyl palmitate, rosemary extract.

**Suggested Adult Use:** Take 1 capsule daily with food, or as recommended by a nutritionally-informed physician.

**WARNING:** This product contains vitamin K. Consult your physician if using blood-thinning medications such as Warfarin.

**Non-GMO / Gluten Free / Soy Free / Vegan**

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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**www.drbbvitamins.com**

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