

Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine® contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.*

BioPerine® is an extract of Black Pepper fruit that contains 95% piperine as a natural bio-enhancer to promote absorption.*

Helps support cells and tissues by neutralizing free radicals*

Helps support connective tissues by inhibiting destructive enzymes*

BioPerine® helps promote absorption of nutrients in the GI tract*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB107-5



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**High
Absorption.
Curcumin
from Turmeric Root
with CURCUMIN C3 COMPLEX® and BIOPERINE®**

**MAY BENEFIT THE JOINTS BY HELPING
NEUTRALIZE FREE RADICALS***

500 mg • 120 Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving		%Daily Value
Curcumin C3 Complex®	1000 mg	†
Turmeric extract (<i>Curcuma longa</i>)(root), standardized to contain 95% Curcuminoids, including: Bisdemethoxycurcumin (2.2 - 6.5%) Demethoxycurcumin (15 - 19%) Curcumin (75 - 81%)		
Black Pepper Ext. (<i>Piper nigrum</i>)(fruit) (standardized to contain 95% Piperine)(BioPerine®)	6 mg	†
† Daily Value not established.		

Other Ingredients: Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source).

Suggested Adult Use: Take 2 capsules daily with food, or as recommended by a nutritionally-informed physician.

WARNING: If you are pregnant, nursing, taking medications for diabetes or blood thinners, consult your physician before taking Curcumin.

Non-GMO / Gluten Free / Soy Free

This product contains natural ingredients that may vary in color. Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
California, 92612 USA

(800) 777-2474 www.drbbvitamins.com

Curcumin C3 Complex® and BioPerine® are trademarks of Sabinsa Corporation.