

Chromium appears to be involved in carbohydrate, fat, and protein metabolism.\* This product promotes healthy blood sugar levels already within a normal range.\* Vitamin B6 helps convert carbohydrates, fats and proteins into energy.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, CORN OR WHEAT
YES	CERTIFIED VEGAN BY THE AVA	NO	SOY, MILK OR SALT
YES	RECYCLABLE PACKAGING	NO	SUGAR OR PRESERVATIVES
YES	MANUFACTURING SUPPORTS WIND POWER	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	KOSHER	NO	MAGNESIUM STEARATE
		NO	GMOs

Lot No:

Best by:



ESTABLISHED  
— 1971 —  
**Country<sup>®</sup>  
Life**

# CHROMIUM PICOLINATE

Biologically Active Chromium

Certified Gluten-Free

- Metabolizes carbs, fats, and proteins\*
- Includes Vitamin B6 for energy metabolism\*

Dietary Supplement | **200** Vegan Capsules

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Chromium (from 1.7 mg chromium picolinate)	200 mcg	167%

Other Ingredients: Cellulose, cellulose (capsule shell), rice bran extract, silica, vegetable glaze, sunflower oil. **CAUTION:** If you are pregnant, nursing, diabetic, hypoglycemic, taking medication, have a medical condition, or planning surgery, consult a doctor before using this product. Do not use if you have gastric or duodenal ulcers. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken.** Store in a dry place between 59°-86° F. Keep out of the reach of children. Chromax<sup>®</sup> chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 1680