

**BANYAN**<sup>®</sup>  
BOTANICALS

AYURVEDIC HERBS

# Healthy Kapha™

Balancing Formula for Kapha\*



90 Tablets  
Dietary Supplement

Certified Organic

**SUGGESTED USE:** Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

## Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

### Amount Per Serving

Proprietary Blend	1000mg**
Belleric Myrobalan fruit (Bibhitaki), <i>Terminalia bellerica</i> <sup>+</sup>	
Ceylon Leadwort root (Chitrak), <i>Plumbago zeylanica</i> <sup>+</sup>	
Boerhavia root (Punarnava), <i>Boerhavia diffusa</i> <sup>+</sup>	
Holy Basil leaf (Tulsi), <i>Ocimum sanctum</i> <sup>+</sup>	
Turmeric root, <i>Curcuma longa</i> <sup>+</sup>	
Phyllanthus Amarus herb (Bhumyamalaki), <i>Phyllanthus amarus</i> <sup>+</sup>	
Ginger root, <i>Zingiber officinale</i> <sup>+</sup>	
Long Pepper fruit (Pippali), <i>Piper longum</i> <sup>+</sup>	

<sup>+</sup>Certified Organic

\*\*Daily Value not established

Other ingredients, from natural sources: organic rice flour, organic gum acacia. Free of gluten, soy, and dairy. 100% vegetarian.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Do not use if seal is broken or missing.

Distributed by  
Banyan Botanicals,  
Albuquerque, NM 87113  
Made in USA

Certified Organic by  
New Mexico Department  
of Agriculture



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1-800-953-6424 [www.banyanbotanicals.com](http://www.banyanbotanicals.com)

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