



Complete♦ multivitamin with nutrients that matter to women 50+ to support:

- Memory and concentration with ginkgo\*\*
- Bone strength with calcium, Vitamin D and magnesium\*\*
- Joint health with Vitamin C to support collagen formation\*\*
- Breast health with Vitamin D\*\*
- Heart health with Vitamins B6, B12, C, E and folic acid\*\*
- Eye health with Vitamins E, A, C and zinc\*\*
- Immune health with Vitamins C, A, E and selenium\*\*
- Energy metabolism with B Vitamins and chromium\*\*

Does not contain iron ♦23 Nutrients

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## multivitamin dietary supplement

women's 50+ advanced  
1000 IU Vitamin D  
500 mg calcium



50 TABLETS SHOWN ACTUAL SIZE ABOVE

## multivitamin dietary supplement

women's 50+ advanced

Compare to One A Day®  
Women's 50+ Advantage\*\*\*

multivitamin/multimineral/  
herbal supplement  
1000 IU Vitamin D  
500 mg calcium  
memory support\*\*

50  
TABLETS

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A complete♦ multivitamin with nutrients that matter to women 50+  
Women over 50 don't have to settle for an all-purpose multivitamin which may not meet their unique nutritional needs. This product is formulated specifically for both age and gender. It provides important nutrients that support bone strength, breast health, heart health, eye health and healthy blood pressure.†\*\*  
Additionally, it contains ginkgo to help promote memory and concentration.\*\*

†Blood pressure levels already within the normal range.  
♦23 Nutrients

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Keep out of reach  
of children.



Directions: Adults: Take one tablet daily, with food.

Do not use if printed seal under cap is broken or missing

## Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU	50%	Folic Acid	400 mcg	100%	Selenium	20 mcg	29%
Vitamin C	60 mg	100%	Vitamin B12	25 mcg	417%	Copper	2 mg	100%
Vitamin D	1000 IU	250%	Biotin	30 mcg	10%	Manganese	4 mg	200%
Vitamin E	22.5 IU	75%	Pantothenic Acid	15 mg	150%	Chromium	180 mcg	150%
Vitamin K	20 mcg	25%	Calcium (elemental)	500 mg	50%	Molybdenum	90 mcg	120%
Thiamin	4.5 mg	300%	Iron	0 mg	0%	Ginkgo Extract (leaf)	120 mg	*
Riboflavin	3.4 mg	200%	Iodine	150 mcg	100%			
Niacin	20 mg	100%	Magnesium	50 mg	13%			
Vitamin B6	6 mg	300%	Zinc	22.5 mg	150%			

**INGREDIENTS:** Calcium Carbonate, Dicalcium Phosphate, Ginkgo (Standardized Extract), Magnesium Oxide, Ascorbic Acid, Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Zinc Oxide, Stearic Acid, dl-Alpha Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Titanium Dioxide, Polyethylene Glycol, Manganese Sulfate, Silicon Dioxide, Talc, Magnesium Stearate, Crospovidone, Pyridoxine Hydrochloride, Thiamin Mononitrate, Cupric Sulfate, Riboflavin, FD&C Yellow #6 Aluminum Lake, Vitamin A Acetate, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Folic Acid, Beta-Carotene, Potassium Iodide, Sodium Molybdate, Sodium Selenate, FD&C Blue #2 Aluminum Lake, Biotin, Cholecalciferol, Cyanocobalamin, Phytanadione.

**Caution:** Ask a doctor before use if you are taking ANY medication — especially any drug for anticoagulation (thinning the blood) including daily aspirin. If you have a medical condition or bleeding problems or if you are planning any medical procedure, consult your doctor before using this product.

If you are pregnant or nursing a baby, ask a doctor before using this product.

Store in a dry place at room temperature (59°-86°F).

Questions? Call 1-800-910-6874

**GLUTEN FREE**

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