

KEEP REFRIGERATED

Recommendations: As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about our
hypoallergenic supplements

Use only if safety seal
is intact.

Contents may not fill package
in order to accommodate
required labeling. Please rely
on stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Indole-3-Carbinol 400 mg

Supports cellular health[†]

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
60 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Indole-3-carbinol	400 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose)

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
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code: **I346**