

 *Health through the power of nature, that's what it means to Trust the Leaf.[®]*

Barley Grass (*Hordeum vulgare* L.) is a nutrient-rich super food with a variety of nutritional benefits. Our Barley Grass is harvested when young to ensure a nutritional profile more similar to leafy greens than grains. It is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No yeast, wheat, corn, soy, dairy products, artificial colors, flavors, or preservatives.

 **VEGETARIAN**

◆ LN10275.04 RM22.8643



Barley Grass

Bulk Powder



Net Wt 9 oz (255 g)

DIETARY SUPPLEMENT

Recommendation: Stir 2 heaping teaspoons (tsp) into cold water or other beverage as desired. Each heaping teaspoon contains approximately 6 grams of Barley Grass.

If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 teaspoons (tsp) (12 grams)
Servings per Container 21

Amount per Serving	% DV	
Calories	40	
Total Fat	1 g	1%†
Total Carbohydrate	7 g	2%†
Total Sugars	2 g	**
Includes 0 g Added Sugars		0%†
Dietary Fiber	4 g	14%†
Protein	2 g	4%†
Sodium	35 mg	2%
Barley (grass)	12 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

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Questions? 1-800-9NATURE / naturesway.com

