

# THORNE®

## Children's Basic Nutrients

DIETARY SUPPLEMENT

180 CAPSULES



Children's Health



Foundational

**SUGGESTED USE FOR CHILDREN 1-3 YEARS OF AGE:** Take 1-3 capsules daily or as recommended by your health-care practitioner.

**SUGGESTED USE FOR CHILDREN 4+ YEARS OF AGE:** Take 4-6 capsules daily or as recommended by your health-care practitioner.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.



GLUTEN FREE

### SUPPLEMENT FACTS

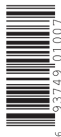
Serving Size: Six Capsules

Servings per Container: 30

	Six Capsules Contain	%DV for children 4+ years of age	Three Capsules Contain	%DV for children 1-3 years of age
Vitamin A (225 mcg from Beta Carotene and 562 mcg as Palmitate)	787 mcg	87%	393.5 mcg	131%
Vitamin C (as Ascorbic Acid)	250 mg	278%	125 mg	833%
Vitamin D (as Vitamin D3)	10 mcg (400 IU)	50%	5 mcg (200 IU)	33%
Vitamin E (as d-Alpha Tocopheryl)	80.4 mg	536%	40.2 mg	670%
Vitamin K (as Vitamin K1)	30 mcg	25%	15 mcg	50%
Thiamin (as Thiamin HCl)	12 mg	1,000%	6 mg	1,200%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	3.3 mg	254%	1.65 mg	330%
Niacin (40 mg as Niacinamide and 9 mg as Niacin)	49 mg	306%	24.5 mg	408%
Vitamin B6 (as Pyridoxal 5'-Phosphate)	3 mg	176%	1.5 mg	300%
Folate (200 mcg as Calcium Folate and 200 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	666.7 mcg DFE	167%	333.35 mcg DFE	222%
Vitamin B12 (67.5 mcg as Adenosylcobalamin and 67.5 mcg as Methylcobalamin)	135 mcg	5,625%	67.5 mcg	7,500%
Biotin	120 mcg	400%	60 mcg	750%
Pantothenic Acid (as Calcium Pantothenate)	124 mg	2,480%	62 mg	3,100%
Choline (as Choline Citrate)	11 mg	2%	5.5 mg	3%
Calcium (34.5 mg as Calcium Citrate and 34.5 mg as Calcium Malate)	69 mg	5%	34.5 mg	5%
Iron (as Iron Picolinate)	4.5 mg	25%	2.25 mg	32%

Peel back for additional supplement facts ▶

manufactured for: THORNE RESEARCH, INC., 1-800-228-1966



VMC LVMC19

PEEL HERE

### SUPPLEMENT FACTS CONTINUED

Serving Size: Six Capsules

Servings per Container: 30

	Six Capsules Contain	%DV for children 4+ years of age	Three Capsules Contain	%DV for children 1-3 years of age
Iodine (as Potassium Iodide)	67.5 mcg	45%	33.75 mcg	375%
Magnesium (22.5 mg as Magnesium Citrate and 22.5 mg as Magnesium Malate)	45 mg	11%	22.5 mg	28%
Zinc (as Zinc Picolinate)	4.5 mg	41%	2.25 mg	15%
Selenium (as L-Selenomethionine)	60 mcg	109%	30 mcg	150%
Copper (as Copper Picolinate)	450 mcg	50%	225 mcg	75%
Manganese (as Manganese Picolinate)	1.8 mg	78%	900 mcg	75%
Chromium (as TRAACCS® Chromium Nicotinate Glycinate Chelate)††	60 mcg	171%	30 mcg	273%
Molybdenum (as TRAACCS® Molybdenum Glycinate Chelate)††	30 mcg	67%	15 mcg	30%
Boron (as Bororganic™ Boron Glycinate Complex)†††	900 mcg	*	450 mcg	*
Lutein (from Aztec Marigold extract (flower) (Tagetes erecta))	36 mcg	*	18 mcg	*

\*Daily Value (DV) not established.

Other ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

† This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A.  
 †† This product uses Albion's TRAACCS® Chromium Nicotinate Glycinate Chelate and Molybdenum Glycinate Chelate. TRAACCS is a registered trademark of Albion International, Inc. ††† This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

TIE-DOWN AREA