



Foundational

SUGGESTED USE: Take 1 capsule one to three times daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

THORNE®

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Pic-Mins®

DIETARY SUPPLEMENT

90
CAPSULES



SUPPLEMENT FACTS

Serving Size: One Capsule

One Capsule Contains:		%DV
Zinc (as Zinc Picolinate)	15 mg	136%
Selenium (as L-Selenomethionine)	100 mcg	182%
Manganese (as Manganese Picolinate)	2.5 mg	109%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)†	100 mcg	286%
Molybdenum (as Molybdenum Picolinate)	50 mcg	111%
Boron (as Boron Picolinate)	700 mcg	*
Vanadium (as Vanadium Picolinate)	50 mcg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

†This product uses Albion's TRAACS® Chromium Nicotinate Glycinate chelate. TRAACS is a registered trademark of Albion Laboratories International, Inc.

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966



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