

Swanson ULTRA®

The Most Advanced Nutrition Technology
SOFTGELS

Pharmaceutical Grade
MCT Pure
Exclusively from Coconut Oil
Dietary Supplement

90 SOFTGELS • 1,000 mg



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one softgel three times per day with food and water.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Calories	10
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Total Fat	1 g	1%†
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Saturated Fat	1 g	5%†
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Trans Fat	0 g	
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Medium-Chain Triglyceride Oil (from coconut oil)	1 g	*
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Providing Minimum:

Caprylic Acid	500 mg	*
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Capric Acid	340 mg	*
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†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.
Contains tree nuts (coconut).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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