

**EVERYDAY VALUE**

**#1 PHARMACIST  
RECOMMENDED\***

List No. 2954  
PEL201 Cat. A411  
5A008

Nature Made Fish Oil  
supply comes from wild  
caught ocean fish, not  
farm raised fish.

\*State-of-the-art  
purification processes  
are used to remove  
PCBs, dioxins and  
furans, and mercury to  
ensure purity levels  
below 0.09 ppm,  
2 ppt WHO TEDs, and  
0.1 ppm respectively.

**Nature Made**

# Fish Oil

1000 mg

**300 mg OMEGA-3**



**PURIFIED TO  
REMOVE MERCURY\***

DIETARY SUPPLEMENT  
**80 SOFTGELS**

**Helps Support a  
Healthy Heart†**

†This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 40

Amount Per Serving	% Daily Value
Calories 20	
Total Fat 2 g	3%**
Polyunsaturated Fat 0.5 g	
Cholesterol 20 mg	7%**
Total Carbohydrate less than 1 g	<1%**
Protein less than 1 g	
Fish Oil 2000 mg	*
Total Omega-3 Fatty Acids 600 mg	*
Omega-3 EPA and DHA 500 mg	*
Omega-3 Other 100 mg	*

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**No Color Added • No Artificial Flavors  
No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take 2 softgels daily with a meal. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, or taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

†Based on Pharmacy Times Survey of pharmacists recommending Omega-3/Fish Oil Supplements

**OTHER INGREDIENTS:** Gelatin, Glycerin, Water, Tocopherols.  
Contains: Fish (Mackerel, Anchovy, Menhaden, Herring, Sardine).

Distributed by: **Nature Made Nutritional Products**  
Mission Hills, CA 91346-9606, U.S.A. **1-800-276-2878 • www.NatureMade.com**

Fish Oil Country of Origin is Peru.

Encapsulated and quality tested in the U.S.A.

Lot: \_\_\_\_\_  
Exp: \_\_\_\_\_