

**Directions:** As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

**Bluebonnet's Vitamin A & D<sub>3</sub> Softgels** contain natural vitamin A and vitamin D<sub>3</sub> (cholecalciferol) from deep sea, cold water, fish liver oil and are molecularly distilled. Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for  
**Bluebonnet Nutrition Corporation**  
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**Bluebonnet**



# Vitamin A & D<sub>3</sub>

A 25,000 IU/D<sub>3</sub> 1000 IU  
Dietary Supplement  
**100 Softgels**



## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin A	25,000 IU	500
(from fish liver oil)		
Vitamin D <sub>3</sub>	1000 IU	250
(as cholecalciferol from fish liver oil)		

Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, purified water, soybean oil.

**Contains: Fish (cod), soybeans**

**Free** of milk, egg, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.