

Recommended Adult Dose: Take one capsule two times daily with meals or as recommended by your healthcare practitioner. **Risk Information:** Consult your healthcare practitioner prior to use if you are pregnant, breastfeeding, taking any medication, or have any health condition. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

Seroyal

Manufactured in Canada for
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v2 **414**



GENESTRA BRANDS

GLA 130 Primrose Oil

ESSENTIAL FATTY ACID SUPPLEMENT

90 Softgel Capsules

Supplement Facts

Serving Size 1 Capsule
Servings per Container 90

Each Capsule Contains		% DV
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2% ♦
Polyunsaturated Fat	1 g	*
Evening Primrose (<i>Oenothera biennis</i>) Seed Oil	1300 mg	*
Yielding		
GLA (Gamma-Linolenic Acid)	130 mg	*
LA (Linoleic Acid)	960 mg	*
OA (Oleic Acid)	70 mg	*
PA (Palmitic Acid)	78 mg	*

♦ Percent Daily Values (DV) are based on a 2000 calorie diet

* Daily Value not established

Other ingredients: Bovine gelatin, glycerin, purified water, *d*-alpha tocopherol

UV Spot Area