

### Did you know?

Lemon Balm has been used since ancient Greek and Roman times.

**Let's get fresh.** Enjoy fresh, organic Lemon Balm prepared with love and hand-crafted for optimum potency. **Here's to your health!**

Absolutely NO dairy, wheat, peanuts, soy, gluten or corn allergens.

**CAUTION:** Keep out of reach of children. Do not take if pregnant or nursing. If taking medication consult a healthcare professional before use. Discontinue use if unusual symptoms occur.



# Lemon Balm

1 fl. oz.  
(30 mL)



EXTRACT



**Suggested Use:** Take 1 mL three times daily in warm water or juice or as directed by your healthcare professional. 1 mL = approx. 40 drops. Do not exceed recommended dose.

## Supplement Facts

**Serving Size:** 1 mL

**Servings Per Container:** 30

### Amount Per Serving

Fresh Organic Lemon Balm tops ( <i>Melissa officinalis</i> )	500 mg*
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\*Daily Value not established

**Other Ingredients:** Organic alcohol. Alcohol content: Not more than 75%.

Manufactured by Oregon's Wild Harvest  
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USA • 1-800-316-6869  
[oregonswildharvest.com](http://oregonswildharvest.com)

**Certified Organic by Oregon Tilth**   
**Shake well. Store upright in a cool, dry place.**



Lot No./Best by:

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