

### Natrol® Melatonin 5mg:

- Helps establish normal sleep patterns†
- Contains Vitamin B-6 to support the body's natural production of Melatonin†
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

**WARNING:** If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your healthcare professional prior to use if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

**STORE IN A COOL, DRY PLACE.**

**KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 4462.911 F: 3002249 L: 2008811-17145



# NATROL®

# Melatonin

## SLEEP

Fall Asleep Faster,  
Stay Asleep Longer†

100% Drug-Free

### 5mg

EXTRA STRENGTH



VEGETARIAN

## 60 TABLETS

DIETARY SUPPLEMENT

**Directions:** Take 1 tablet 20 minutes before bedtime.

### Supplement Facts

**Serving Size:** 1 Tablet

**Servings Per Container:** 60

Amount Per Serving		%DV
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	590%
Calcium (from Calcium Carbonate)	63 mg	4%
Melatonin	5 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** Microcrystalline Cellulose, Maltodextrin, Stearic Acid, Cellulose Gum, Silicon Dioxide, Gum Arabic, Magnesium Stearate, Hypromellose.

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

**Manufactured by NATROL LLC**

**Chatsworth, CA 91311, USA**

**1-800-2-NATROL (800-262-8765)**

**www.natrol.com**

LOT/EXP: