



Suggested Use: Add 1 heaping scoop of Muscle Matrix with 6 ounces of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and mix in a shaker cup. To make a creamy smoothie add 2-3 ice cubes and put in blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Consume 1 scoop within 20 minutes after your workouts. Consume 1-3 servings daily as needed to satisfy your protein requirements. Do not use as a sole source of nutrition. †

55% FAST RELEASE **45% SLOW RELEASE**
WHEY PROTEIN ISOLATE **MICELLAR CASEIN**

Each serving Muscle Matrix contains 25 grams of pure, complete protein derived solely from 55% fast digesting Whey Protein Isolate and 45% slow digesting Micellar Casein. This precise combination of proteins promotes positive nitrogen balance and elevates muscle protein synthesis for up to 4 continuous hours providing the perfect anabolic state for maximizing muscle growth and repair. †

NO WHEY CONCENTRATE **NO BANNED SUBSTANCES**
NO ION EXCHANGE WHEY **NO DEXTROSE/MALTODEXTRIN**
NO PROPRIETARY BLENDS **NO FILLERS, EXCIPIENTS or CREAMERS**
NO HIDDEN INGREDIENTS **<1 GRAM of FAT & SUGAR**

HIGH CONCENTRATION OF BCAA's & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived solely from whey protein isolate and micellar casein. Absolutely no amino acids or other ingredients have been added to spike protein values.

Alanine.....963	Histidine.....534	Proline.....1873
Arginine.....727	Isoleucine** 1438	Serine.....1192
Aspartic Acid.....2127	Leucine* ** 2353	Threonine.....1378
Cysteine.....405	Lysine.....2246	Tryptophan.....358
Glutamic Acid.....4889	Methionine.....582	Tyrosine.....1050
Glycine.....513	Phenylalanine.....936	Valine** 1415

†† Branched Chain Amino Acids

SINCE 1996

MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY
 FDA Registration: 18906175560



NUTRABIO

MUSCLE MATRIX PROTEIN

MAXIMIZE **BUILD** **4-HOUR**
 Protein Synthesis[†] & Repair Muscle[†] Sustained Release[†]

5lb

Natural Flavoring
 Dietary Supplement
 Net Wt. 5 lb (2268 g)



COOKIES & CREAM

MADE IN OUR GMP & FDA INSPECTED FACILITY

25G PROTEIN

115 CALORIES

5.2G BCAA's

NON-GMO @D

Supplement Facts

Serving size: 1 scoop (31.99 grams)
 Servings per container: 71.79

Amount Per Serving	% Daily Value
Calories 115	
Calories from Fat 5	
Total Fat 0.5g	1%*
Cholesterol 10mg	3%*
Total Carbohydrate 2g	<1%*
Sugars 1g	†
Protein 25g	50%*
Calcium 394mg	40%*
Iron 0.5mg	2%*
Phosphorus 172mg	16%*
Magnesium 13mg	4%*
Sodium 87mg	4%*
Potassium 127mg	4%*

Whey Protein Isolate (non-denatured) 16.31g †
 (CFM uses raw milk and also filtered (WPI) Col (processed) (esterified with sunflower lecithin. Yielding 14.13g complete protein.)

Micellar Casein (non-denatured) 13.68g †
 (Col (processed) instantized with sunflower lecithin. Yielding 10.81g complete protein.)

* Percent Daily Values are based on a 2000 calorie diet.
 † Daily Value not established.

OTHER INGREDIENTS: natural flavor 750mg, cocoa powder 450mg, xanthan gum 210mg, salt 110mg, sucralose 80mg

Allergens: Milk, Kosher, Non-GMO, Gluten Free, Soy Free, & BSE/TSE Free

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

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