



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Folic Acid

Vitamin Supplement

250 capsules • 800 mcg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Folate 1,335 mcg DFE (800 mcg folic acid)	333%

Other ingredients: Rice flour, gelatin, calcium palmitate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com



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