

Do not accept if seal is broken. Product No. 5651
Store between 59°-86° F. Keep out of the reach of children.

Country Life's Natural Vitamin A & D₃ is derived from cod liver oil, which is considered to be the best natural source of Vitamins A and D₃.



Lot No:

Best by:

01J12L



VITAMIN A

NATURAL VITAMIN A & D₃

10,000 I.U. / 400 I.U.

From Cod Liver Oil

Gluten-Free

Dietary Supplement
100 Softgels

Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin A (as cod liver oil)	10,000 I.U.	200%
Vitamin D (D ₃)(as cod liver oil)	400 I.U.	100%

Other Ingredients: Medium Chain Triglycerides, Gelatin, glycerin, purified water (capsule shell). Contains fish (cod)

100% bovine gelatin, BSE-free

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Do not exceed 10,000 I.U. of vitamin A per day. Pregnant women and women of child-bearing age, do not exceed 8,000 I.U. of vitamin A per day. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

Manufactured for Country Life, LLC
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