

Do not accept if seal is broken. Product No. 2492

Store between 59°-86° F. Keep out of the reach of children.

Target Mins™ are complexed with specific free-form amino acids and other carriers to promote optimum mineral transport. † Country Life always labels minerals in elemental weight.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a Poison Control Center immediately.

Lot No:

Best by:



MINERALS

TARGET-MINS™ IRON

25 mg

90 Tablets

Dietary Supplement



Directions: Adults take one (1) tablet daily. For best utilization, take with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Iron (as ferrous aspartate, histidinate, alpha-ketoglutarate)†	25 mg 139%

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, magnesium stearate, silica, vegetable glaze. **WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.



Country Life

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