

CODE 0213B

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\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Of the eight essential amino acids that cannot be produced by the body, the three branched-chain amino acids, Leucine, Isoleucine and Valine are of key importance. Based on their unique structure, activity, storage and metabolism, BCAA's have become a staple in the lives of many athletes and physically active individuals. They account for nearly 1/3 of the amino acids in muscle protein, and play a number of key roles in the repair and growth of muscle tissues.\*

**SUGGESTED USAGE:** As a dietary supplement, take a heaping teaspoon 1 to 3 times daily in juice, water, or your favorite beverage. Take preferably on an empty stomach, especially before and after exercise. Consider taking this product in combination with NOW® Whey Protein and Pro-GH™.



# Branched Chain Amino Acid Powder

100% Pure

L-Leucine, L-Isoleucine, L-Valine

Pharmaceutical Grade

Net Wt. 12 oz. (340 g)



A Dietary Supplement

## Supplement Facts

Serving Size 1 Heaping Teaspoon (5.0 g)  
Servings Per Container 68

Amount Per Serving	
L-Leucine (Free-Form)	2.5 g (2,500 mg)*
L-Isoleucine (Free-Form)	1.25 g (1,250 mg)*
L-Valine (Free-Form)	1.25 g (1,250 mg)*

\* Daily Value not established.

Other ingredients: None.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108 Made in the U.S.A. [www.nowfoods.com](http://www.nowfoods.com)

Contains milk derivative. Contains no salt, starch, yeast, wheat, gluten, soy, egg, shellfish or preservatives.

NOW® Branched Chain Amino Acids are Pharmaceutical Grade.

**Caution: Do Not Eat Freshness Packet Enclosed.**

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle.