

Directions: For adults, take five (5) drops (0.25 mL) daily, preferably with a meal. May be taken orally or put in water, juice or food. As a moisturizer, apply directly to your skin. As a reminder, discuss the supplements and medications you take with your health care providers. Do not exceed recommended dosage.

Warning: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not apply to broken or irritated skin or areas affected by rashes. Discontinue use and consult your doctor if skin sensitivity occurs. Avoid contact with eyes. Do not use on children or animals.

Use only as directed. Store at room temperature. Do not use if product appears to be tampered with or seal is broken.
Keep out of reach of children.



DIETARY SUPPLEMENT

100% VEGETARIAN

Vitamin E Oil

30,000 I.U.

Pure Enough To Take Orally

2.5 fl. oz. (74 mL)

Supplement Facts

Serving Size: 5 Drops (0.25mL)
Servings Per Container: 296

Amount Per Serving	% DV*
Vitamin E 100IU (as dl-Alpha Tocopheryl Acetate)	333%

* Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Safflower Oil, Lemon Oil.

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