

Directions: Take one (1) capsule daily with any meal for maximum daily results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

Unconditionally guaranteed for purity, freshness and label potency. No Added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.



1207

**21ST
CENTURY®**



**10%
FREE**

DIETARY SUPPLEMENT

MAXIMUM STRENGTH

Hi-Potency
Biotin
5000 mcg

**An Essential B-Complex Vitamin For The
Normal Metabolism Of Carbs, Protein & Fats ***

1101~~00~~ Capsules

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% DV
Biotin	5000mcg 1667%
Calcium (as DiCalcium Phosphate)	113mg 11%

Percent Daily Value (DV).

Other Ingredients: Gelatin, Maltodextrin, Magnesium Silicate, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Cellulose.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
www.21stcenturyvitamins.com



21ST Century® ... for a healthier future.

Biotin 5000 mcg

Biotin is one of the B-Complex vitamins. Biotin helps support healthy hair, skin and nails and is an essential nutrient for the normal metabolism of carbohydrates, proteins and fats.*

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