

ITEM #4280
B4280 11H



Choline Bitartrate & Inositol

250 mg/250 mg

Essential for Cell and Brain Function*

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Choline Bitartrate 250 mg	**
Inositol 250 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sweetener, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) to five (5) tablets daily, preferably with meals.

Choline and Inositol are part of the B-Complex vitamins and are critical for the optimal functioning of cells.* In addition, both Choline and Inositol are important for brain function.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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ACTUAL SIZE