ITEM #12880 B12880 00A





**ACTUAL SIZE** 

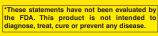
## L-Theanine 200 mg

Supports a calm, relaxed mood\*

per serving

Dietary Supplement





## **Supplement Facts**

Serving Size 2 Capsules Servings Per Container 30

Amount Per Serving %Daily Value

L-Theanine 200 mg

\*\*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Gelatin. Contains <2% of: Magnesium Silicate, Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

**Directions:** For adults, take two (2) capsules daily, preferably on an empty stomach.

L-theanine, a non-essential amino acid that can be found in Japanese green-tea, supports a calm and relaxed mood.\*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural", Bohemia, NY 11716 USA 800-544-0095 www.GOODNNATURAL.com © 2011 Good 'N Natural"