

ITEM #18520
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Omega 3-6-9

**Flax, Fish & Borage Oils
with Evening Primrose Oil**

Cardiovascular Formula

Promotes Skin and Joint Health*

Dietary Supplement

**120 RAPID RELEASE
SOFTGELS**



ACTUAL SIZE

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Saturated Fat	0 g	0%**
Polyunsaturated Fat	0.5 g	***
Monounsaturated Fat	0 g	***
Cholesterol	<5 mg	1%
Vitamin E (as d-Alpha Tocopherol)	5 IU	17%
Essential Oils Proprietary Blend (Organic Flaxseed Oil, Fish Oil, Evening Primrose Oil, Borage Seed Oil)	1 g (1,000 mg)	***
Typical Fatty Acid Profile:		
Omega-3		***
Eicosapentaenoic Acid (EPA) (9-9.9%)	(90 - 99 mg)	***
Docosahexaenoic Acid (DHA) (6-6.6%)	(60 - 66 mg)	***
Alpha Linolenic Acid (ALA) (22.5-32.5%)	(225 - 325 mg)	***
Omega-6		***
Linoleic Acid (16.9-26%)	(169 - 260 mg)	***
Gamma Linolenic Acid (GLA) (2.4-2.6%)	(24 - 26 mg)	***
Omega-9		***
Oleic Acid (6.75-14.8%)	(67 - 148 mg)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil.
Contains fish (anchovy, mackerel, sardine) ingredients.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) softgel three to six times daily, preferably with a meal.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Shellfish, No Sugar, No Sweetener, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Flaxseed oil is just one of four main ingredients that make up Omega 3-6-9, a harmonious blend of oils designed to help provide nutrients for the well-being of the body.* In addition to our organic Flaxseed Oil, Omega 3-6-9 contains Borage and Evening Primrose Oil, sources of gamma-linolenic acid (GLA), which helps regulate a variety of important functions in the body including skin and joint health, plus Fish Oil, a source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA).* EPA helps maintain healthy circulation while DHA plays an important role in the brain, eyes and nervous system.* These four oils provide diverse benefits for your overall health.*

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Guaranteed Purity

Molecularly Distilled to remove impurities such as pesticides (PCBs, PCDFs, PCDDs, Dioxins), heavy metals (Mercury, Lead).

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